

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Francois Johannes  
Bezuidenhout**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2018 #3**

held at Cowhouse Market.

**TIME 01:32:53**

**PACE 06:10/km**

**GENDER 12 of 15**

**OVERALL 12 of 16**

**60 - 69 2 of 2**

13 May 2018, Sun

Date



*BoutTime*

Signature

